



Midwest Cardiovascular Research Foundation

CIPG/2004

Supplement I.CIPG 04

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News From the CIPG/2004 Conference

Cardiovascular Interventions and Practice Guidelines Scientific Sessions 2004 (CIPG/2004) was held August 5-6, 2004, at the Marriott Lincolnshire Hotel, Lincolnshire, Illinois. Over 140 attendees were present, along with some of the most renowned speakers in the world for an intellectually stimulating and comprehensive meeting regarding cardiovascular medicine.

Dr. Nicolas W. Shamas, MS, MD, President and Research Director of the Midwest Cardiovascular Research Foundation and Director of CIPG 2004 Scientific Sessions, opened the general session of the conference. In his opening remarks, Dr. Shamas said:

“On behalf of the Foundation, MCRF, and my co-director Dr. George Kondos, representing our joint sponsor, the University of Illinois at Chicago, I would like to thank you all for joining us today for the inaugural scientific sessions of the Foundation.



Dr. Nicolas W. Shamas opened the CIPG/2004 conference. Dr. Shamas is the Founder and President of the Midwest Cardiovascular Research Foundation and Director of CIPG/2004 with Dr. George Kondos, Associate Director of Cardiology at the University of Illinois at Chicago.

“I would like to take a few minutes to introduce to you the Foundation before we start our scientific sessions.

Alan Kay, a renowned visionary, once said, ‘The best way to predict the future is to invent it.’ At MCRF, our mission defines our future: a better health for all the communities we serve. Inventing this future is defined by our vision: clinical research and education through an expanding network of clinical investigators and affiliates from across our region, supported by a highly dedicated and knowledgeable staff, generous philanthropists and industry partners.

“I would like to acknowledge the hard work of few of these individuals: Shari Lemke, our Executive Research Administrator; Maureen Koepke, our Executive Secretary; Jan Harper, our Project Assistant; Monica Youngblut, Manager, Clinical Trial Office; Suzy Hartung, our Communications Editor, and Lynne Majetic, our Graphic Designer. Other individuals associated with the Foundation who have been a wonderful support are: Jon Lemke, Chief of Biostatistics at the Genesis Health System; Drs. Eric Dippel, Peter Toth, Edmund Fiksinski and Mr. Richard Bittner on the board or as officers of the Foundation and the staff of M2 MM for their tremendous work in the management of CIPG 2004.



Midwest Cardiovascular Research Foundation staff at CIPG/2004. Seated from left to right, Jan Harper, Shari Lemke, Monica Youngblut, Maureen Koepke and her son Christopher. Standing, from left to right, Jon Lemke, Nicolas Shamas.

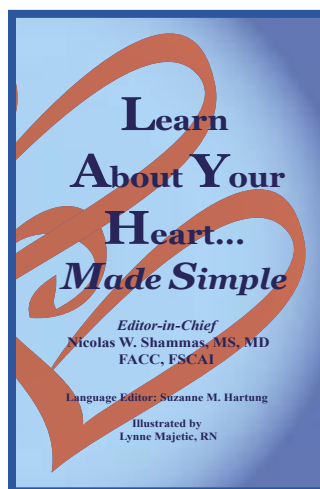
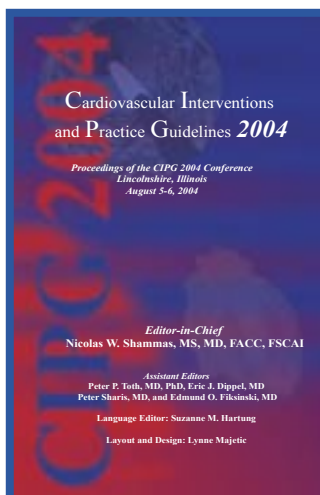
Last but not least, I would like to thank my wonderful family for their unconditional support and love.

“MCRF – established in August of 2002, and publicly launched in November of 2003 – is well on its way to inventing its future. With a headquarters office in downtown Davenport, Iowa, MCRF has already employed or contracted with a highly dedicated staff covering the operation of the Foundation, from IT support, to data management and biostatistics, project leader, conference coordinator, graphic designer, communications editor, and a full business office including an administrator, an administrator assistant, CPA and legal counsel.

“Starting with three affiliates – the Genesis Heart Institute, CGH hospital/Sterling-Rock Falls Clinic and the Dakota Clinic/Innovis Health system – and a substantial number of participants, MCRF has already established its first clinical research studies as a contract research organization, the MCRF Peripheral Interventional Registry, and will soon launch the ANGIOFLAME trial.



Dr. Peter Toth, left, (moderator of the Preventative symposium) and Dr. Peter Libby (keynote speaker of the inaugural session of CIPG/2004) answering questions from the audience following Dr. Libby's opening speech on novel inflammatory pathways in the pathogenesis of atherosclerosis. Dr. Libby is Chief of Cardiovascular Division, Brigham and Women's Hospital, Harvard Medical School, Boston, MA.



In addition to the release of the **Cardiovascular Interventions and Practice Guidelines 2004** handbook, MCRF will launch its first public book in mid-September, **Learn About Your Heart . . . Made Simple**. Also, it will be launching its Clinical Research Coordinator training course, which will be taught to a focused group of research coordinators in its headquarters office on a periodic basis. Last, on October 22, 2004, the MCRF Clinical Research Conference will be launched. The goal of this focused symposium is to inform and teach health care providers and researchers about the importance of evidence-based medicine, clinical trial designs and the process of clinical investigations.”

Following Dr. Shammass's introductory remarks, Dr. Peter Toth introduced the keynote speaker, Dr. Peter Libby, Mallinckrodt Professor of Medicine at Harvard Medical School and Chief of Cardiovascular Division of the Department of Medicine at Brigham and Women's Hospital, Boston, Massachusetts. Dr. Libby is internationally recognized as a pioneer in atherosclerosis research and the role of inflammation in its development. Dr. Libby's presentation focused on novel inflammatory pathways in atherosclerosis development.

The following were the 27 speakers presented at CIPG 2004:

- ♥ **Peter Libby, MD** (Harvard Medical School)
- ♥ **Steven Haffner, MD** (University of Texas Health Science Center)
- ♥ **Wayne Border, MD** (University of Utah School of Medicine)
- ♥ **Peter Toth, MD, Ph.D.** (Sterling-Rock Falls Clinic)
- ♥ **John Lasala, MD, Ph.D.** (Washington University School of Medicine, St. Louis)
- ♥ **Dennis Wahr, MD** (CEO, Velocimed)

- ♥ **Leslie Cho, MD** (Loyola University Medical Center)
- ♥ **Frederick Feit, MD** (New York University School of Medicine)
- ♥ **Nicolas Shammass, MS, MD** (Genesis Heart Institute)
- ♥ **Eric Dippel, MD** (Genesis Heart Institute)
- ♥ **Christopher Bajzer, MD** (Cleveland Clinic)
- ♥ **Satinder Sandhu, MD** (University of Chicago)
- ♥ **Randy Williams, MD** (Midwest Heart Specialists)
- ♥ **Ron Oren, MD** (University of Iowa)
- ♥ **Blair Foreman, MD** (Genesis Heart Institute)
- ♥ **Lyle Olson, MD** (Mayo Clinic)
- ♥ **Ronald Schwartz, MS, MD** (University of Rochester Medical Center, NY)
- ♥ **Alan Koslow, MD** (Des Moines, IA)
- ♥ **Kirk Garratt, MD** (Mayo Clinic)
- ♥ **George Kondos, MD** (University of Illinois at Chicago)
- ♥ **Ellen Gordon, MD** (University of Iowa)
- ♥ **Edmund Fiksinski, MD** (Dakota Clinic/Innovis HealthSystem)
- ♥ **Richard Sadler, MD** (Genesis Heart Institute)
- ♥ **Michael Giudici, MD** (Genesis Heart Institute)
- ♥ **Anne Pauly, MS** (Genesis Health System)
- ♥ **George Christy, MD** (Midwest Heart Specialist)
- ♥ **Peter Sharis, MD** (Genesis Heart Institute)



Poster presentations were displayed at CIPG/2004. Pictured above are Dr. Nidal Harb and his son, Mr. Harb Harb, with a poster representing research in which Harb Harb participated at the Genesis Heart Institute.

In addition, 14 abstracts were presented at CIPG 2004 in poster format. These abstracts, displayed on

www.mcrcfmd.com under Conferences, CIPG 2004, are a testimony that CIPG 2004 served as a forum for presenting new research and findings and fostered an intellectual atmosphere among all its participants. Abstract presenters were from the Genesis Heart Institute and Genesis Health System: **Jon Lemke, PhD, Eric Dippel, MD, Nicolas Shammass, MD, Stephanie Egts, Student, Jane Moore, RTR, Matthew Kapalis, BS, Terri Gulzinski, RN, Vickie Takes, RTR, Moutasim Al-Shaer, MD, Judi Deckert, RN, Jessica Witter, ARNP, and Pragnesh Patel, MD.**



The conference was a great success, setting the stage for future CIPG scientific sessions to become the premiere conference in the Midwest. Here are some of the comments from attendees:

- ♥ "I have learned in this conference more than any other one I have attended for the past several years"
- ♥ "I look forward to next year's CIPG conference"
- ♥ "The caliber of the speakers assembled under one roof is truly outstanding"
- ♥ "The food and resort were fabulous. I enjoyed the Thursday reception dinner"
- ♥ "Way to go...this conference has long been waited in the Midwest. I look forward to next year's and I will be telling every one I know about it."

CIPG 2005 will be held at the Marriott's Lincolnshire Resort in October 2005. Details of this conference will be posted on our web page, www.mcrcfmd.com. We invite you to join us to help make CIPG 2005 the premiere Midwest scientific conference for cardiovascular medicine.